AMEN CLINICS

Information About Irlen Syndrome

Irlen Syndrome (sometimes called scotopic sensitivity syndrome) is a visual processing problem,

not a vision problem, which appears to be caused by a defect in one of the visual pathways that

carries messages from the eye to the brain.

The eyes transmit 70% of the information a person receives, and this must be interpreted

correctly by the brain. Any problem in the way the brain processes visual information can cause

difficulties in a general ability to function.

Some research estimates that Irlen Syndrome affects approximately 18% of the general public

and as much as 65% of those diagnosed with dyslexia!

**Possible Symptoms**

* *Light Sensitivity* - Bothered by glare, fluorescent lights, bright lights, sunlight, or driving

at night

* *Reading Problems* - Print that shifts, shakes, blurs, moves, doubles, disappears, or

becomes difficult to perceive

* *Attention Challenges* - Problems concentrating, difficulty staying on task, takes breaks,

looks away, becomes restless, fidgety, or tired

* *Strain or Fatigue* - Feeling strain, tension, fatigue or sleepy, or get headaches while

reading and engaged in other perceptual activities

* *Poor Depth Perception* - Inability to accurately judge distance or spatial relationships,

difficulty with such things as escalators, stairs, ball sports, or driving

* *Physical* - headaches (including migraine), nausea, motion sickness, confusion, or lack of

clarity in thinking

Irlen Syndrome can affect listening, energy level, motivation, and work production. People with

Irlen Syndrome are often viewed as underachievers or as having behavioral, attitudinal, or

motivational problems.

Irlen Syndrome is not detected by standard educational, visual, or medical tests. A Certified

Irlen screener or diagnostician can test for Irlen Syndrome, as well as assess for the appropriate treatments.

Treatment involves the use of tinted lenses in glasses or contacts and colored overlay sheets in

order to reduce or eliminate the perceptual processing errors.

**Although the treatment is simple, the results are often very dramatic.**

To learn more about Irlen Syndrome visit [www.irlen.com](http://www.irlen.com)

or call **Celeste at Healed Beyond Hope (810) 285-0894**

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